



**Spirit Repair, LLC**  
*A Guide to Health Repair*  
[www.spirit-repair.com](http://www.spirit-repair.com)

## Health Repair Requests

When requesting healing with the Master Angels, John guides us to be aware of these dynamics.

1. Natural law and our worthiness or deservedness.
2. The level of faith creates healing and transformation.
3. Always request or ask with reverence and in a humble manor.

**Health and Longevity:** I request that the health and longevity process be performed on me now on all levels. Thank you, with gratitude and full faith.

**Killing of Organisms:** I request that all bacteria, virus, hiding virus, nano-bacteria, ultra microscopic bacteria, staph bacteria, streptococcus organism, unknown micro-organisms, nematodes, pathogens, flukes, parasites, unknown parasites, molds, fungus, yeasts and Candida be instantly killed with the correct frequency in my cells, body & fluids and instantly eliminated from my body. Thank you, with gratitude and full faith.

\*You can add or subtract things -- Simply state exactly what you want done.

**Lymes Disease** I request that all borrelia bacteria be killed in my cells, body, fluids, and head with the correct frequencies and immediately eliminated from my body.” Thank you, with gratitude and full faith.

**Lymph Detox:** I request that my lymphatic nodes, lymphatic channels and pathways be instantly unblocked and that all toxins be moved and eliminated from my body instantly. Thank you, with gratitude and full faith.

**Immune Boost:** I request that my immune system be purified, regenerated, rejuvenated, energized, boosted and empowered to maximum function on all levels now. Thank you, with gratitude and full faith.

**Stress Reactions:** I request that you disempower reactions, production of stress hormones and negative neurotransmitters and negative brain chemicals on all levels instantly. Thank you with gratitude and full faith.

\*Consider playing Psychological Repair in the background for additional support

**Hormonal Imbalances:** I request that my hormonal glands and brain chemical areas be unblocked, detoxified, cleansed, energized and balanced instantly. Thank you, with gratitude and full faith.

**General Detox:** I request that all toxins, chemicals, heavy metals, plastics, organism waste, unknown toxins, vapors, and all excessive harmful acids be released instantly from my cells, body, and fluids and eliminated completely. Thank you, with gratitude and full faith.



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**Removing Radioactive Material:** I request that all radioactive particles known and unknown be completely released from my cells, body and fluids and eliminated completely on all levels now. Thank you, with gratitude and full faith.

**Digestive:** I request that the digestive, assimilative, and eliminative organs and functions in me be cleansed, energized, unblocked, and regenerated instantly on all levels now. Thank you, with gratitude and full faith.

**Foreign Gene Removal:** I request that you release all foreign genes from my cells, body and fluids and move them to be instantly and completely eliminated. Thank you, with gratitude and full faith.

**DNA Repair:** I request that all damage and blockage in my DNA and chromosomes be cured instantly on all levels now. Thank you, with gratitude and full faith.

**Blood Purification:** I request that you perform the process for purifying, energizing and regenerating the blood and bone marrow in me on all levels now. Thank you, with gratitude and full faith.

**Circulation:** I request that you dissolve all blockages, release stiffness, and cleanse, energize and regenerate my veins, arteries, blood vessels and capillaries on all levels now. Thank you, with gratitude and full faith.

**Spinal Alignment:** I request that my pelvis, base of spine, vertebrae, spinal tissue, spinal nerves be perfectly aligned and that all tension, subluxation and pressure from all of these areas be released instantly. Thank you, with gratitude and full faith.

**Nerve Pain:** I request that you kill all infection, release and eliminate all toxins from my nerves, and cure inflammation instantly on all levels in my body now. Thank you with gratitude and full faith.

**Pain Receptors:** I request that all of my pain receptors be detoxified, unblocked and all inflammation be cured and all malfunction be cured. Thank you, with gratitude and full faith.

**Psychosomatic Cure:** I request that all psychosomatic condition in my subconscious and conscious mind be removed and eliminated completely. Thank you, with gratitude and full faith.  
\*You may choose to follow up with Subconscious Repair for additional support

**Relationship Repair:** I request that the relationship between me and [name person, place or thing] be cured instantly on all levels. Possible options: your relationship with your health, or yourself, or the universe, etc. Thank you with gratitude and full faith.



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**Negativity:** I request that all negative effects of [name the person, place or thing] be disempowered on me instantly for [reasonable period of time - 24-48 hours NOT years]. Thank you, with gratitude and full faith.

**Post Surgery Repair:** I request that you perform the post surgery process on my cells, body and fluids now. Thank you, with gratitude and full faith.

**Acclimation to Different Climates:** I request that you perform the process to acclimate my cells to my current altitude instantly on all levels now. Thank you, with gratitude and full faith.

**Energy Boost:** I request that the Masters recreate the effect of eight hours of sleep in my cells instantly now. Thank you, with gratitude and full faith.

**Insomnia:** I request a peaceful and restful sleep. Thank you, with gratitude and full faith.

**Allergens Effect:** I request the Masters disempower the effects of allergens in my environment on all levels instantly. Thank you with gratitude and full faith.

**Allergens Release:** I request the Master release all allergens from from my body and fluids and remove them to be eliminated completely. Thank you with gratitude and full faith.

**Eye Detox:** I request to unblock and detoxify my eyes and all eye organs and my optic nerves instantly and move all toxins to be eliminated instantly. Thank you, with gratitude and full faith.

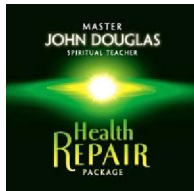
**Eye Pressure:** I request that all pressure in my retina and eye organs be removed instantly. Thank you, with gratitude and full faith.

**Eye Sight:** I request that you perform the process for nearsightedness on me now (or farsightedness on me now or astigmatism). Thank you, with gratitude and full faith.

**Joint Repair:** I request that my joint particles be aligned perfectly and completely now. Thank you, with gratitude and full faith.

**Joint Detox:** I request that all toxins, chemicals, heavy metals, plastics, organism waste and unknown toxins be released instantly from my (knees, hips, shoulders etc.) and that all toxins be moved and eliminated from my body instantly. Thank you, with gratitude and full faith.

**Inflammation:** I request that all inflammation in my knee joint, knee cartilage, connective tissue be cured instantly on all levels now. Thank you, with gratitude and full faith.



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**Gall Stones/Kidney Stones:** I request that you kill the infection, cure the inflammation and perform the process to dissolve all gall bladder or kidney stones and unblock all pathways in my gall bladder, liver, kidneys or bile ducts and seal all leaks in my kidney tubes or liver ducts instantly on all levels now. Thank you, with gratitude and full faith.

**Blood Pressure:** I request that you cure all cause and factors of high blood pressure and normalize my blood pressure completely. Thank you, with gratitude and full faith.

**Cholesterol:** I request that you cure all cholesterol malfunctions in my liver and cells and seal all leaks in my intestine and liver ducts now. Thank you, with gratitude and full faith.

**Breast Cysts:** I request that you cure all cysts in my breasts tissue instantly and completely on all levels. Thank you, with gratitude and full faith.

**Cancer Protocol:** I request that the cancer and tumor process be performed on me now on all levels. Thank you with gratitude and full faith.

\* You may choose to follow up with Subconscious Repair to support removing all negative cancer subconscious programming.

**Clearing Chemotherapy residue:** I request all toxins, chemicals, chemotherapy residues, radio active material, carcinogens, and heavy metals be released instantly from my body, cells and fluids and be eliminated completely. Thank you with gratitude and full faith.

\* This may be done 48 hours after a chemotherapy treatment. This allows for the chemo to go in and do its job, and then assists the body in eliminating the toxic residue quickly and efficiently.

Most of this Health Repair Request List is from the “Guide to Health Repair” teleseminar 11/12/09. The entire lecture available by MP3 download at [www.spirit-repair.com](http://www.spirit-repair.com)